

# Concord Public Library Adult Programs at your Library

(603) 225-8670 | [www.concordpubliclibrary.net](http://www.concordpubliclibrary.net)

Programs are free and open to the public.

Programs are presented with support and funding from the Concord Public Library Foundation.

**Aromatherapy with Essential Oils** Thursday, February 1 at 6 p.m. Welcome to the exquisite world of 100% pure essential oils. Essential oils (EOs) are incredibly effective and powerful in treating hundreds of ailments. Ami Sarasvati, Medicinal Aromatherapist, will present on the importance of using medicinal grade EOs; best practices of storage; safe application and use of EOs; how to use EOs at home for many family needs; and resources for free education, essential oils, and supplies.

**Bookopoly** January 3rd—March 2nd. Same game, new look! Complete reading tasks to earn prizes in Bookopoly, our winter reading program for teens and adults. The more you read, the more you can win! Sign up at the library or online at [www.concordpubliclibrary.net/registration](http://www.concordpubliclibrary.net/registration) to receive your game card. For ages 12 and up.

**Books & Brew at True Brew Barista, Bicentennial Square** Wednesday, February 7 from 6-8 p.m. Join other book lovers in our low-pressure book club! Chat about what you've been reading and listen to suggestions and recommendations from others. No assigned books in this group; just come and share your latest reads! We talk books from 6-7, and mingle from 7-8. Recommended books from each meeting are on our website.

**The Practices that Grow the Brain with Liz Korabek-Emerson, 4 session series** Wednesdays: January 10, 17, 31, & **February 7** at 6 p.m. In this series of one hour workshops you will learn the practices that actually grow the grey matter of the brain and help you to become more resilient, emotionally intelligent, and happier. Each workshop will focus on a single topic and will include an opportunity to practice, exercises for integrating the practice into your life, and time for discussion. Topics include: Mindfulness, Gratitude & Taking in the Good, Loving-Kindness, and Compassion. Come to one or come to all!

**Free Code Camp** Saturdays, February 10 & 24 from 11-1:30p.m. Meet up with other Free Code Campers! This group follows the Free Code Camp Curriculum. If you are stuck with the FCC materials, interested in programming or getting started with FCC, or want to hone your existing web development skills, stop by and code with us! This group is open to people of all ages, backgrounds, and skill sets.

**Grown-Up Coloring** Tuesday, February 13 at 6 p.m. and Wednesday, February 14 at 1 p.m. Get in on the grown-up coloring craze at CPL. Color inside or outside the lines, with our supplies and coloring pages! Relax and enjoy some creative stress relief.

**Concord Reads Kick-off Hike** Saturday, February 24 from 10am-1pm Kick-off Concord Reads 2018 in true Following Atticus fashion, with a winter hike! Join members of the Concord City Trails Committee for a 2.5 mile guided hike on the Jim Hill River Walk Trail.

**NH Ukeladies** Wednesday, February 28 at 6 p.m. The New Hampshire Ukeladies return to the Concord Public Library! The NH Ukeladies are a fun group of ukulele-playing ladies who love to play and sing and share their music. John Chouinard and the NH Ukeladies delight audiences with their versions of standards and hits. Come to the islands for a night! Tropical prints encouraged! Snow date: Wednesday March 7th at 6 pm.

**Concord Reads Hikes & Hounds Film Festival** Thursday, March 1 at 5:30 p.m.—Everest. The first film in Concord Reads Hounds & Hikes Film Festival. The story of New Zealand's Robert "Rob" Edwin Hall, who on May 10, 1996, together with Scott Fischer, teamed up on a joint expedition to ascend Mount Everest. 2h 1m PG13. Snacks provided!

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# Concord Public Library Children's Programs at your Library

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**Canta, Cuenta, Juega** Friday, February 2 & 16 at 1:00 p.m. Learn basic Spanish through games, songs, stories, rhymes, and other interactive fun! Class geared toward ages 1-5. Please call 225-8670 x3 to register.

**Lapsit** This class is designed for babies up to 24 months and their parent or caregiver. The 30-minute session will include songs, movement, finger rhymes and stories. Each session is carefully planned to stimulate your baby's mind and senses while laying a foundation for learning to read.

Mondays at 9:30 a.m. February 5, 12 & 26

**Family Storytime** This class includes stories, fingerplays, songs, and fun, all designed to strengthen children's reading or pre-reading skills! Registration is not required and all ages are invited; groups are welcome.

Wednesdays at 9:30 a.m. February 7, 14, 21 & 28

**Toddler Tales** Designed for children 2 to 3 years of age and their parent or caregiver, this class offers fun activities to help your toddler prepare to learn to read. Together you and your toddler will share stories, songs, finger rhymes and movement to stimulate your child's mind and senses.

Thursdays at 9:30 a.m. February 1, 8, 15 & 22

**Lego Club** Thursday, February 8 from 4-5 p.m. The Lego Club gives Lego fans a chance to create with other builders. Each month participants will be given a new building challenge and a chance to make new friends! Designed for grades K-8.

**Winter Reading Program** Children up through age 12 are invited to join Concord Public Library's Children's Winter Reading Program. We'll be playing "Book Bingo" from **January 16 through February 24**. Snuggle up to some good books and win some great prizes.

**STEAM Team Flying Steam** Wednesday, February 21 at 4 p.m. Soar to the library for this month's STEAM focus : flight! In our Flying STEAM Session, we will be learning about aerodynamics by making planes, helicopters, hot air balloons -- all sorts flying objects out of some surprisingly simple materials. And, yes, of course there will be some friendly, flighty competition involved.

Check out our STEAM Web page in the Children's tab of [concordpubliclibrary.net](http://concordpubliclibrary.net) to see what the STEAM Team is all about and register at <http://concordpubliclibrary.net/registration> or call the library at 603-225-8670 (option 3 for Children's). Please direct questions to Inga - ICullen@concordNH.gov.

**Video Game Club** Thursday, February 22 Come use our WiiU system to play with other gamers! Options include SuperSmash Bros, Mariokart 8, and more, in tournament matches. Kids play 3:30-4:30, Teens 4:30-5:30. There will be coding toys and activities available in the background for those not actively gaming!

**Movie—Max 2** Monday, February 26 at 2:30 p.m. A military working dog befriends the President's son, who is having trouble leading a normal life. Rated PG, 85 minutes.

**Do You Wanna Build a Snowman...Indoors?!** Tuesday, February 27 at 2 p.m. Join us for a winter craft!

**Scavenger Hunt** Wednesday, February 28 at 3 p.m. Search for the many wonders that live in the Children's Room!

**Concord Reads—Build a Tiny House for your Tiny Dog** Thursday, March 1 at 2 p.m. Join the Tiny House Movement by making a tiny dog house complete with a miniature dog to call your own.

**Dr. Seuss Birthday Party** Friday, March 2 from 10-11:30 a.m. Fun, games and refreshments!